



# The Excelsior

The News Magazine of The New York Regional Society of Plastic Surgeons

SPRING 2015

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PETER J. TAUB, MD, FACS, FAAP

## PRESIDENT'S MESSAGE

**I am honored to serve as this year's President of the New York Regional Society of Plastic Surgeons.** Growing up in New York, training in New York, and now practicing in New York, I am exceptionally proud of the traditions in Plastic Surgery that have originated in the metropolitan area. I have always viewed the NYRSPS as the best regional society in the country. Former Presidents of our organization have gone on to national roles of prominence and continue to be renowned local, national, and international surgeons.

**Of special note, we are honored this year to have some of our own serve prominent roles in the American Society of Plastic Surgery.** Scot Glasberg continues to be an active and vital member of the New York Regional Society of Plastic Surgeons while completing a busy year as the President of ASPS and the specialty's most visible representative. He brings the same energy to the national stage that he has always done here at home. Alan Matarasso is currently the ASPS Board Vice President for Private Practice and Aesthetic Surgery. In that role, he is co-chairing the first "Aesthetica Super Symposium" in Las Vegas, which will highlight the present and future of cosmetic surgery. And Aviva Preminger is serving as the Young Plastic Surgeons representative to the Board for 2015.

**Over the past year, the Society has undergone tremendous beneficial change.** We have hired a fantastic new management associate named Shawna Moskowitz who has already brought new energy and new ideas to the Society. With the guidance of Board President-elect Kaveh Alizadeh, we have completely redesigned our

website to be more informative and easier to use. Moving forward, information about the Society will be readily available. The schedule of upcoming meetings, including the speakers and lectures will be online, and membership renewal will be paperless and seamless.

Over the past year, the Society has undergone tremendous beneficial change.

**In March, our Annual Residents' Night saw the largest number of submissions in the history of the program.** Over 60 papers from seven residency-training programs were submitted for consideration. Twelve papers were presented from each of the major training programs in the metropolitan area. The meeting was held at the Einhorn Auditorium on the campus of Lenox Hill Hospital as a change from prior years. The first place award went to Marc Soares of NYU for his presentation titled "Tolerizing Allografts with Mesenchymal Stem Cell Immunotherapy". The second and third prizes went to Ope Asanbe and Wiliimina Landford, respectively, both from Cornell. The poster session highlighted work in the fields of craniofacial reconstruction, trunk and breast reconstruction and hand pathology, as well as academic Plastic Surgery. The winner of the best poster was Benjamin Massenburg of Mount Sinai for his work titled "National Trends in Autologous Breast Reconstruction: A Multi-institutional Study on Outcomes of Latissimus, TRAM, and Free Flaps".

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## letter from the editor



## Dear Friends and Colleagues,

After a brutally cold winter we are all happy that Spring has arrived. This issue marks the first edition of our newsletter in digital only format. In an effort to go "green" and eliminate printing and mailing costs, the Board decided to utilize the digital format. I hope you enjoy it! The Board has also decided to utilize the talents of one of our own, Matthew Bonanno, MD to do the photography at our meetings. Matt has been very generous with his time in this endeavor and his efforts are greatly appreciated. As always, the Society is here to serve you, the members, and we welcome any feedback and ideas you may have. We are constantly striving to provide high quality educational content at our meetings and to serve our membership.

## Happy Spring!

Tracy

## PRESIDENTS MESSAGE CONTINUED FROM PAGE 1

**At the Spring Meeting, we are planning a symposium on cosmetic medicine.** The meeting will take place at Manhattan Eye, Ear, and Throat Hospital and planned speakers include Dermatologists Becky Fitzgerald and Jacqueline Calkin from California as well as Plastic Surgeon Karol Gutkowski from Chicago. The presenters will cover several topics including current and future neurotoxins, the variety of injectables, and avoiding complications. This will have CME credits provided by the ASPS.

Once again, I am honored to serve as this year's President of the New York Regional Society of Plastic Surgeons and look forward to making this year our most informative, most rewarding, and most successful. As always, please reach out to me with any questions or comments.

Respectfully,

Peter J. Taub, MD, FACS, FAAP

President, New York Regional Society of Plastic Surgeons



SCOT GLASBERG, MD, LLOYD HOFFMAN, MD AND HANNAH HOFFMAN, 3RD YEAR MEDICAL STUDENT



JASON SPECTOR, MD AND PETER TAUB, MD

ALAN MATARASSO, M.D. &amp; STEVEN WALLACH, M.D.

# SCIENTIFIC PROGRAM

Fall/Winter 2014 Meeting

**All I will say is, "WOW." The November 22, 2014 meeting was titled "State of the Art: DVT Prophylaxis and Breast Augmentation. It was a day filled with seven great speakers!**

The meeting began with two presenters reviewing current concepts on DVT prophylaxis.

Eric Swanson, MD from Kansas reviewed the literature and questioned some of the studies cited which formulated the basis for the current DVT prophylaxis recommendations. He questioned whether the Caprini scale should be considered the "true gold standard." He concluded that most patients did not need chemoprophylaxis. He believes in SAFE anesthesia. SAFE stands for Spontaneous breathing, Avoid gas, Face up, Extremities mobile. He discussed his current ongoing study using venous duplex in his office to monitor patients pre- and post-operatively for DVT.

Dr. Amy Colwell spoke to the contrary. She cited data that she reviewed while working on the ASPS task force that made DVT prophylaxis recommendations. She also presented some of the work that she did looking mainly at her post-bariatric surgical experience. She discussed the increased risk of DVT/PE in abdominoplasty patients and breast reconstruction patients. She felt that the Caprini scale was a good starting point and felt that most patients who score a 3-6 or higher should be considered for chemoprophylaxis. A cordial discussion between Dr. Colwell and Dr. Swanson ensued during the question and answer session.

Dr. Michelle Shermak was the Nojorova lecturer. Dr. Shermak has been a national leader in massive weight loss reconstruction and gave a very nice lecture reviewing the overall treatment of these patients. She showed many good examples and technical slides from her surgical atlas. She also chimed in on her approach to DVT prophylaxis for these patients during the Q & A session.

Dr. Dan Mills, the current Vice-President of ASPS, flew in from California to review the benefits of being an ASPS member including the various marketing campaigns, educational meetings, the journal and Radar resource available.

Our own member Dr. Scot Glasberg, the recently inducted President of ASPS, gave an extensive overview of ASPS benefits including marketing programs, upcoming meetings, Journal proceedings, and local and national political advocacy.

The second half of our meeting focused on breast augmentation. Dr. Bill Adams, a true expert in breast surgery, talked about optimizing breast augmentation. He reviewed his four sequential steps and his 24 hour recovery program. He stated that he used round implants 80% of the time and reserved the anatomic implants for the remaining 20%, mainly indicated for patients who had asymmetry, were shapeless, and had a tight lower pole. He also stated that he uses an inframammary, dual plane approach almost exclusively. He reviewed studies supporting the triple antibiotic regimen for irrigation of the pocket, and reviewed his treatment of capsular contractures.

Dr. Kristina O'Shaughnessy was the final speaker. She presented revision breast augmentation using ADM and fat grafting. She discussed the significant rate of reoperation that has been reported (13-28%), and for those that had previous revision it was even higher (40%). She too exclusively used an inframammary approach for revision and used an ADM often for symmastia, malpositions, capsular contractures, and rippling. She discussed a recent study by her partner, Dr. Pat Maxwell, which reported his 6 year experience using ADMs for revisions. There was a 1-4 % recurrent capsular contracture rate, a 1-2% implant malposition rate and an 11% recurrence of rippling during that time. She has now been trying to use fat grafting to camouflage the rippling. She also has been using a neopectoral pocket for almost all malpositions with ADM reinforcement. It was a great lecture overall.

Our next meeting will be April 25, 2015

Yours truly,  
Steven Wallach, MD  
Scientific Program Co-Chairperson



# RESIDENTS' NIGHT COMPETITION

**Residents' Night 2015** was marked by a record number of submissions this year. Residents' Night has become, under the stewardship of Dr. Talmor and now Dr. Taub, a blockbuster event with multiple abstract submissions from nearly every tri-state residency program. We also consider papers from medical students. In keeping the educational mission of the NYRSPS, the Board is very committed to fostering research and life-long learning.

This year marks the first time the event was held at Lenox Hill Hospital's Einhorn Auditorium. The hospital graciously donated the facility and the NYRSPS very much appreciates Lenox Hill Hospital's support of Residents' Night.

Thank you to all our members who attended and to all the residents and medical students who prepared presentations. A special thank you to our Residents' Night Judges-Ash Patel, MD, Andrea Pusic, MD and Evan Garfein, MD who so generously donated their time to make the evening a big success.



MATTHEW BONANNO, MD AND  
DONALD WOOD-SMITH, MD



RESIDENTS' NIGHT JUDGES ASH PATEL, MD, ANDREA  
PUSIC, MD AND EVAN GARFEIN, MD

**Thank you to Lifecell  
For their generous sponsorship of Residents'  
Night 2015**



## 1ST PLACE



**Marc Soares, MD**  
New York University School of Medicine  
Institute of Reconstructive Plastic Surgery  
"Tolerizing Allografts with Mesenchymal Stem  
Cell Immunotherapy"

## 2ND PLACE



**Wilimina N. Landford, MD**  
Weill Cornell Medical College  
"Ex Utero Repair of Cleft Lip via Reactivation  
of Craniofacial Developmental Programs"

## 3RD PLACE



**Ope Asanbe, MD**  
Weill Cornell Medical College  
"Towards the Clinical Translation of Bioprinted Ears:  
Strategies for Autogenous Human Cell Sourcing and  
the Formation of Auricular Cartilage"

# Residents' Night Presenters:

## Adam Jacoby, BA

Weill Cornell Medical College, New York Presbyterian Hospital  
"Tissue Engineered Hair Bearing Skin Flaps"

## Marc Soares, MD

New York University School of Medicine  
Institute of Reconstructive Plastic Surgery  
"Tolerizing Allografts with Mesenchymal Stem Cell Immunotherapy"

## Andrew A. Marano, BA

Rutgers New Jersey Medical School  
"Fat Grafting and Regenerative Cells in Burns: A Systematic Review of Literature"

## Jonatan Hernandez-Rosa

Mount Sinai School of Medicine  
"A Comparison of Post-Operative Outcomes in Immediate Versus Delayed Reconstruction after Mastectomy"

## Lauren P. Garcia, MD

Albany Medical Center  
"A Prospective Review of 2506 Burn Contractures in Developing Countries: Factors Affecting Improved Function"

## Rose H. Fu, MD

Weill Cornell Medical College, New York Presbyterian Hospital  
"A Comparison of Sterile Sternal Wound Dehiscence Versus Infected Sternal Wound Risk Factors"

## Wilimina N. Landford, MD

Weill Cornell Medical College, New York Presbyterian Hospital  
"Ex Utero Repair of Cleft Lip via Reactivation of Craniofacial Developmental Programs"

## Stephen Lu, MD

Hofstra North Shore-LIJ School of Medicine  
"Inferior Posterior Cranial Vault Distraction for Treatment of Chiari Malformation"

## Ope Asanbe, MD

Weill Cornell Medical College, New York Presbyterian Hospital  
"Towards the Clinical Translation of Bioprinted Ears: Strategies for Autogenous Human Cell Sourcing and the Formation of Auricular Cartilage"

## Jamie Zampell, MD

New York University School of Medicine  
Institute of Reconstructive Plastic Surgery  
"Development of Lymphatic Reporter and Conditional Lymphatic Knockout Mice for the Study of Local and Systemic Lymphatic Deletion"

## Jordan Frey, MD

New York University School of Medicine  
Institute of Reconstructive Plastic Surgery  
"Examining Oncologic Outcomes after Nipple-Sparing Mastectomy: A Single-Institutional Experience"

## Jillian E. Schreiber, MD

Albert Einstein College of Medicine, Montefiore Medical Center  
"A Projected 3D Hologram as Topographic Guide for Fat Transfer to the Face"



RESIDENT'S NIGHT WINNERS WITH PETER TAUB, MD, CHAIRMAN OF RESIDENTS' NIGHT. LEFT TO RIGHT: POSTER SESSION WINNER BENJAMIN MASSENBURG, MD, 1ST PLACE PAPER WINNER MARC SOARES, MD, 2ND PLACE PAPER WINNER WILIIMINA LANDFORD, MD AND 3RD PLACE PAPER WINNER OPE OSANBE, MD

# 9<sup>TH</sup> ANNUAL LIFETIME ACHIEVEMENT AWARD

The 9th Annual Lifetime Achievement Award Recipient was Norman Schulman, M.D., F.A.C.S.. The award was presented by William Rosenblatt, MD..



WILLIAM ROSENBLATT, MD AND NORMAN SCHULMAN, MD

**Dr. Norman Schulman received the 9th annual Lifetime Achievement Award.** The award was presented by William Rosenblatt, MD.

Dr. Schulman, a past President of the New York Regional Society of Plastic Surgeons, graduated Magna Cum Laude from Tufts College with a B.S. in Biochemistry in 1961. He attended medical school at Tufts, graduating in 1965. Dr. Schulman completed his internship and first year of surgical residency at Bronx Municipal Hospital Center-Albert Einstein College of Medicine. He then served 2 years of active duty in the military aboard an aircraft carrier. Following his military service, he returned to the Bronx to complete his General Surgery residency. Dr. Schulman trained in Plastic Surgery at Lenox Hill Hospital, followed by a Fellowship in Head and Neck Cancer at Roswell Park Memorial Institute. Dr. Schulman went into private practice upon completion of his training and was appointed Director of Plastic Surgery at Lenox Hill Hospital in 1988. Dr. Schulman holds numerous academic appointments including Clinical Professor of Surgery at Weill Cornell Medical College. Dr. Schulman is an avid sailor and has completed 9 Newport to Bermuda races, placing second in class in 2004.

Dr. Schulman is known for his commitment to resident education. Year after year, as anyone who has worked with him will attest, he led by example, moderating the Journal Club, M & M and Scientific Conferences at Lenox Hill without fail. In this regard, Dr. Schulman is one of the Old Guard, with a commitment to teaching that is rarely seen in today's world of medical education. Dr. Schulman has dedicated his life's work to Plastic Surgery and Education. The New York Regional Society of Plastic Surgeons congratulates him on his accomplishments.

## PAST WINNERS

2007 Bertram Bromberg, MD, Richard Stark, MD, Michael Hogan, MD

2008 Robert Beasley, MD

2009 Berish Strauch, MD,

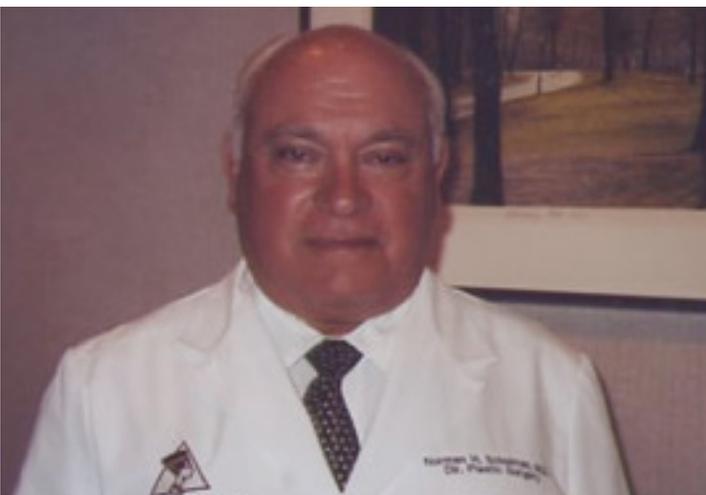
2010 James G. Hoehn, MD

2011 Joseph McCarthy, MD

2012 Lester Silver, MD

2013 Court Cutting, MD

2014 Donald Wood-Smith, MD



NORMAN SCHULMAN, MD

WILLIAM ROSENBLATT, M.D.

# LEGISLATIVE UPDATE MARCH 2015

**Thank you to those who contacted your legislators to delay the implementation of the E-Rx legislation. It is now postponed until March 27, 2016.**

However, we now need to ask the legislature and Department of Health to improve the proposed law. Many of us feel that there should be a central clearing house so that E-Rx's can be sent there and accessed by any pharmacy you go to. This will put the small local Mom and Pop pharmacy on equal footing with the mega-drug stores. Also, the DOH needs to amend the legislation so that it includes exemptions-- eg, for MDs who plan to retire in a year or two who don't have an electronic medical record system, or the doctor who writes only a few Rx's a month.

So, keep an eye out for information from the Medical Society and keep the pressure on Albany. Although I do understand that E-Rxs will help fight prescription drug abuse and provide a more secure system than paper prescriptions, there appear to be many problems that have yet to be solved.

There are a number of other items in the budget bill that affect doctors. On a positive note, the leadership in Albany that I spoke with at our Legislative Day was positively inclined to remove a number of issues from the budget bill that did not seem necessary.

The Excess Malpractice Program will be funded for next year. Thus, those of you who have 1.3/3.9 M in first-layer malpractice insurance, and who are on staff at most NY hospitals, will have the second layer. The provision that made participation contingent on not having outstanding state tax liabilities, was removed from the final bill.

The proposal to eliminate the New York physician profile database was removed from the budget and you are still mandated to update your profile each time you re-register. Registration fees will not increase.

#### The following regulations the DOH wanted in the budget bill were eliminated:

- specifying the length of surgery at an Office-Based Surgery (OBS) facility or the amount of time allowed in an OBS recovery room;
- *the requirement that you register OBS facilities;*
- *a fee for OBS facilities was removed;*
- *authorizing the Public Health and Health Planning Council, which is primarily composed of hospital-based physicians, to have the sole responsibility for reviewing the type of procedures performed in OBS facilities and deciding if they are appropriate;*
- *requiring insurance companies to pay a facility fee for OBS.*

#### The following regulations were left in the budget bill:

- *OBS facilities need to have Quality Assurance and Quality Improvement initiatives - the data is protected from discovery and the certifying agency will collect it ( currently only AAAASF does this)*
- *Mandatory reporting of an ER visit within 72 hours of an OBS procedure*
- *The DOH can require licensees to report additional data such as procedure information as needed for the interpretation of an adverse event.*

**A REMINDER:** As of April 1, there is a new law requiring disclosure of estimated out-of-network fees to your patients prior to OBS and hospital procedures. Also, if you involve other out-of-network physicians, eg, anesthesiologists, assistant surgeons, or pathologists, their fees must be provided too. Look to the State and County Medical Societies to provide more information and the appropriate forms to have your patients sign.

William Rosenblatt MD



## SAVE THE DATE:

The New York Regional Society of Plastic Surgeons 2015 Fall Meeting  
*Practice Management Workshop*



**Master's Series Lecture: Sam T. Hamra, MD, FACS**

Saturday, November 21st, 2015

8AM-1PM

Manhattan Eye, Ear & Throat Hospital

210 East 64th Street, New York, NY 10065

**NEW  
LOCATION!**

# Spring Meeting: Cosmetic Medicine: What's New in Neurotoxins and Fillers

**SATURDAY APRIL 25TH, 2015**

**8AM-1PM LIGHT BREAKFAST**

**NEW  
LOCATION!**

**MANHATTAN EYE, EAR & THROAT HOSPITAL**

**210 EAST 64TH STREET, NEW YORK, NY 10065**

## EDUCATIONAL OBJECTIVE:

This robust meeting focusing on cosmetic medicine will host individual lectures by three renowned board-certified expert speakers in this field who will discuss the most current evidence-based methods of treating patients with various FDA approved neurotoxins and soft tissue fillers, while simultaneously focusing on patient safety. Each speaker will give informative lectures related to this topic during this meeting. Meeting attendees will have several question and answer sessions during the meeting between lecture categories.

## PRESENTATIONS



**JACQUELINE CALKIN, MD, FAAD**  
Dermatologist, Private Practice, Sacramento, California  
**"Complications of Filler Treatments: Emphasis on Complex Cases"**



**KAROL GUTOWSKI, MD, FACS**  
Private Practice at Northwestern Specialists in Plastic Surgery  
Associate Professor University of Illinois, Chicago  
**"Neurotoxins and The Future of Topical Neurotoxins"; "Current and Future Fillers"**



**REBECCA FITZGERALD, MD, FAAD**  
Dermatologist, Private Practice, Los Angeles, California  
Clinical Instructor of Medicine- UCLA  
**"Achieving a Natural Look Using Injectables"**

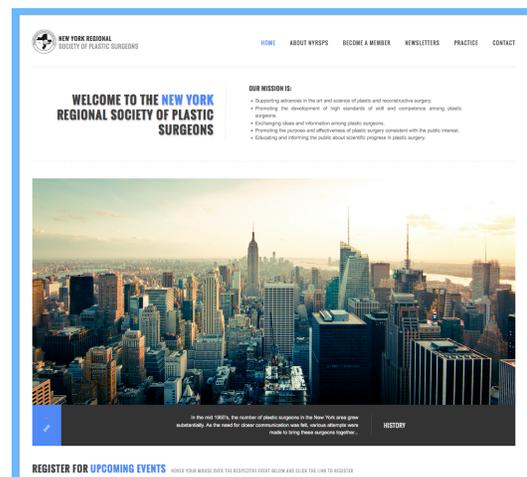


**DONALD R. MOY**  
Partner, Kern Augustine Conroy & Schoppmann, P.C.  
**"New Patient Disclosure Requirements"**

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[WWW.PLASTICSURGERYNY.ORG](http://WWW.PLASTICSURGERYNY.ORG)

- ▶ Stay updated on Society actions and initiatives
- ▶ Register online for NYRSPS meetings
- ▶ Read the latest newsletter
- ▶ Find a colleague
- ▶ Encourage a colleague to join NYRSPS. Applications can be completed and submitted online
- ▶ Find the latest meeting information



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